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**Brandi Varnell, RN**

**Health Science & Sports Medicine Instructor/ HOSA Advisor**

**Sultan High School -1000 Turk Drive**

**Sultan WA, 98294**

4/8/2024

Dear Sultan Education Foundation:

My name is Brandi Varnell, RN and I am writing to you with professional and academic recommendation for applicant Kamdyn Fajardo and her application for Sultan Education Foundation Scholarship. Kamdyn began taking my health science classes at Sultan High School when she was a Sophomore. She continued through the health science track at SHS and has a goal to become an Orthopedic Trauma Physician/Surgeon after high school. She has been actively involved in a progressively rigorous health science course of study from her freshman year to her senior year at SHS. She prides herself on high academic marks and consistently performs at the top of her class. Kamdyn is a natural leader and has held the office of the SHS HOSA Social Media Manager for two of her three years and is currently the SHS ASB President for 2024/2025.

Over the years I have known Kamdyn I have had the pleasure of watching her develop into epitome of a young professional. She is kind, open-minded and shows a willingness to understand others, and create a seat at the table for all students. She is empathetic, compassionate, and genuinely concerned about the well-being of the people she cares for and the members of teams she works with. Her knowledge base is exemplary, and she has been hired locally at Summit Rehabilitation as a Physical Therapy Aide, based on her knowledge of kinesiology, anatomy and secondary study of the human body.

Kamdyn has represented Sultan High School at the State level and in competition with HOSA for three years running. She has placed first place in State Anatomy competition this year and second in State Anatomy Competition the two years prior. She is a current national anatomy competitor. Kamdyn has also, placed 2nd in Sports Medicine 3rd in Clinical Specialty, and 4th in Clinical Problem Solving at the State level. She has been instrumental in making SHS Community Blood Typing Days and connected Community Blood Drives successful and has been an active participant in developing and executing a family education night and in-service to educators in order to to share the dangers, short- and long-term effects of vaping and educate the community on the facts about nicotine addiction. She alone, designed a remarkable “quitting” tool reference card for teens, educators and families—a tool with resources for tackling nicotine and vaping addiction. This resource is now being used district wide with students and families, including by our district substance abuse counsellor.

Kamdyn holds a unique combination of academic excellence, strong interpersonal skills, and a commitment to making a difference in the future of healthcare. She shows the qualities of a true future leader—and leads with a service focused heart. She has been accepted to University of Washington to study premed—and will make good use of all scholarship dollars. Please consider her application with my wholehearted recommendation. Feel free to reach out to me with any questions at all. My contact information is listed below.

Sincerely,

Brandi Varnell, RN

Brandi Varnell, RN

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